



Milwaukee County Senior Meal Program

INDIAN COUNCIL OF THE ELDERLY, 3232 W. Kilbourn Street

PHONE: (414) 510-8227 for meal reservations

Meals are served at 5:00 p.m. on the first Friday. Other days, lunch is served at 11:30 a.m.

Transportation is available upon request
Call (414) 477-3473

March

2014

MONDAY	THURSDAY	FRIDAY
	<p>SUGGESTED DONATION \$2.50 PER MEAL</p> 	
3/3/14	3/6/14	3/7/14 Evening Meal 5:00 p.m.
Salad Bar Jambalaya (Chicken, Sausage, Rice & Mixed Vegt) Cantaloupe Wheat Bread Pound Cake	Salad Bar Country Fried Steak French Fries Green Beans Fruit Cocktail Baking Powder Biscuit Chocolate Cake	Baked Fish Onion Rings Squash Applesauce Rye Bread Cupcake
03/10/14	03/13/14	03/14/14
Soup du Jour Liver with Onions Fried Potatoes Broccoli Florets Sliced Strawberries French Bread Brownie	Salad Bar Egg Casserole (Onions, Green Peppers, Potatoes & Cheese) Bacon and Sausage Waffles or Toast Melon with Berries Cheesecake	Salad Bar Fried Fish Hashbrowns Broccoli with Cheese Pears Italian Bread Doughnut
03/17/14	03/20/14	03/21/14
Beef Stir Fry with Vegetables Steamed Rice Mixed Fruit Multi-grain Bread Pudding	Salad Bar Indian Corn Soup (Pork) Mandarin Oranges Fry Bread Red Velvet Cake	Blackened Fish Tator Tots California Blend Vegetable Pineapple chunks Pumpernickel Bread Chocolate Layer Cake
3/24/14	3/27/14	3/28/14
Soup du Jour Pork Loin with Peppercorn Gravy Mashed Potatoes Cauliflower Watermelon Wheat Bread Jello	Sauteed Chicken Breast Dutchess Potatoes Asparagus Apple Slices Wheat Bread Pudding	Beer Battered Cod Oven Roasted Potatoes Peas and Carrots Tropical Fruit Cup French Bread Chocolate Mousse